

ECHO OF CAPE COD

"Joy is the ECHO of God's life within us"

Colomba Marmion

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A Note from the Board

After many months of prayer, discernment, and community input, the ECHO program is back! We kicked off the year with a Mass of Thanksgiving on November 23rd, which offered us the chance to share our gratitude for ECHO and the many ways Christ has nurtured our Community of Love throughout the pandemic.

A very important part of the ECHO revitalization process was the development of new mission, vision, and core beliefs statements, which you will find in this newsletter. In addition to our retreats (which will still be central to the program, and which we hope will resume next year), ECHO will now be offering opportunities for fellowship, worship, and service which are **open to anyone, regardless of prior retreat participation**. Read on to find out what is in the works! We hope that you will get involved and invite your friends to join in our incredible Community of Love!

GET INVOLVED!

Scan this QR code to let us know what you want to get involved in!



— ECHO Fellowship —

*For where two or three are gathered in my name, there I am among them.
Matthew 18:20*



ADVENT ON ZOOM!

Join us every Monday in Advent for a Zoom program
run by Lacie Michaelson & Friends!
Mondays 11/29 - 12/6 - 12/13 - 12/20 at 7:00 p.m. EST

[Zoom Link](#)



TRIP TO LA SALETTE SHRINE

Saturday, December 11

Join ECHO in attending the 4:00 Mass at
LaSalette followed by a viewing of the Christmas
Festival of Lights! If you are interested, scan the
QR code or contact Heath Eldredge
at heatheldredge@hotmail.com for more info!



Coming soon!

Spiritual Nourishment

We will be offering ECHO gatherings on a regular basis (much like "reunions") in the new year. We are hoping to hold programs at various parishes across the Cape, so stay tuned for more info! *Have ideas for programs, or interested in running one?* Scan the QR code or email echoofcapecod@gmail.com



Good Friday Canal Walk



Friday, April 15
Stay tuned for details!



ECHO's 50th Anniversary celebration

(which was postponed due to the pandemic) is being planned for the Spring of 2022. If you would like to be involved in the planning of this exciting event, scan the QR code or email echoofcapecod@gmail.com

— ECHO Worship —

SUNDAY SHUFFLE

Let's celebrate the Eucharist together while getting to know parishes all around the Cape!

Once a month, ECHO will be gathering at a different parish to attend Sunday Mass together, followed by breakfast at a local restaurant. If you would like to facilitate at your parish, please scan the QR code or email echoofcapecod@gmail.com



first up!

Christ the King,
Mashpee
Sunday, January 9
at 8:30 am

Prayer Requests

Please pray for the following: the deceased, especially Fr. Jack Andrews, Fr. Bill Penderghest, Fr. John Perry, Steve Goveia, Sr., Mel Gonsalves, and Ed Lariviere; Rebecca Gonzalez, Robert Rogers, and Barbara Almquist. Please also pray for Warren Morse, the sick, the homebound, and those struggling with mental illness. Prayer requests are always welcome at echocapecod@googlegroups.com

THANK YOU

to our prayer warrior Steve Goveia for lifting us up daily throughout the very long period when the community could not gather! To continue receiving Steve's emails please send a message to echodailyprayers@gmail.com

*Therefore encourage one another and build one another up, just as you are doing.
1 Thessalonians 5:11*

— ECHO Service —

As ECHO seeks to engage in serving our local Cape Cod community, we welcome you to share any service opportunities like this one that are offered through your parish or another organization!

YOUTH STREETREACH

This program, offered through the Cape Cod Council of Churches, gives teens and adults a chance to interact with our brothers and sisters who have or are still dealing with being homeless. Youth hear firsthand how each life's path may lead to unexpected circumstances and how a community of faith and love can change lives.

Saturday Breakfasts planned for 2022

January 22 - February 26 - March 25 - April 22

All breakfasts are at the lower church hall at the First Baptist Church (486 Main Street, Hyannis)



How can you get involved?

Donate Time Come to help set up the night before a breakfast from 6-8 p.m.

Donate Talent Make a breakfast casserole that can be served to the guests.

Donate Compassion Come to a breakfast between 6:30 and 10:00 a.m. to spend time with the guests, help serve them a warm meal, and help them pick out a warm outfit.

Donate Stuff Drop off some much-needed warm clothes, toiletries, and socks on Friday night or Saturday morning.

For more information and to sign up to help, contact Marilyn Lariviere at mlariv@comcast.net or call/text 508-776-6059. You can also scan the QR code on page 1!

ECHO OF CAPE COD

MISSION, VISION, AND CORE BELIEFS



MISSION

ECHO of Cape Cod is a youth-driven faith community inviting all to discover and nurture a personal relationship with our loving Jesus Christ.

We do this by:

- *Offering transformative retreat experiences that illuminate how the Paschal Mystery is present in our lives every day*
- *Answering the call to compassionately serve our Cape Cod neighbors in need*
- *Providing opportunities to journey together in our spiritual growth and foster friendships connected by faith*

VISION

ECHO will be a home for all who want to meet Jesus through a community of love.

CORE BELIEFS

Youth and teens should be honored for their unique gifts.

By working through us in times of strength and weakness, Christ invites us to share in His Paschal Mystery (Christ has died, Christ is risen, Christ will come again).

Prayer offers us a path to discern God's will in our lives and to lift each other up in our times of need.

Christ is counting on us to share the profound message of the Gospel.

When both adults and youth are fed spiritually, our program thrives.

All are welcome in the ECHO community.



Stay up to date daily with ECHO!
mailing list: echocapecod@googlegroups.com



Text @echoup to 81010
to receive text message updates
on upcoming ECHO events