

ECHO OF CAPE COD

"Joy is the ECHO of God's life within us"

Colomba Marmion

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Stay connected!



@echoofcapecod



ECHO of
Cape Cod



Email us!
echoofcapecod@gmail.com

Email our Google group
(prayer requests welcome!)

echocapecod@googlegroups.com

Text @echoup to 81010
to receive text updates on
upcoming ECHO events



A Note from the Board

Greetings during this Lenten season, a time when we are all called to prayerfully reflect on our spiritual lives. In this issue, you will read about upcoming opportunities for ECHO fellowship, worship, and service to help you along your Lenten journey. **Encounter** groups continue to meet in person at three locations across the Cape; our **Sunday Shuffle** has brought our Community of Love to several Cape parishes; and we have encountered Christ in our homeless brothers and sisters by lending them a compassionate ear through **Youth StreetReach**. Remember that all of our programs are open to anyone, regardless of prior retreat participation.

We are excited to announce that **ECHO's 50th Anniversary celebration**, which was postponed due to the pandemic, is now scheduled for Friday, June 17. Save the date and come join us in worship and thanksgiving at Christ the King!

As always, we look forward to seeing you, and welcoming new members into our Community of Love!

Looking for a Lenten mission to engage in? Try *Lent: A New Springtime* which will take place over three nights at Christ the King: March 14, 15, and 16 at 7:00 p.m. For more info, visit christthekingparish.com

ECHO Fellowship



"For where two or three are gathered in my name, there I am among them." Matthew 18:20



ECHO Encounter

All groups meet on Tuesday evenings from 7:00-8:30 p.m. Please come to as many groups as you'd like, no matter where you live!

Join us for ECHO Encounter groups all across the Cape! These groups are open to those who are high school age and up. We welcome all adults too! No prior involvement in the ECHO program is necessary.

MARCH

March 29 St. Elizabeth Seton

APRIL

April 12 Christ the King-Stations

April 26 Our Lady of the Cape

MAY

May 10 St. Elizabeth Seton

May 24 Our Lady of Victory

JUNE

June 7 Our Lady of the Cape



ECHO's 50th Anniversary

Friday, June 17th
at Christ the King, Mashpee

Join us for a long-awaited evening Mass and celebration of ECHO's first 50 years!

The 50th Anniversary Committee is being co-chaired by **Margaret Hill** and **Heather Wesp**. To add your talents to the planning team, contact Margaret at margncarl@comcast.net or Heather at heatherwesp@comcast.net or call/text 774-269-1788.



ECHO Holy Week Happenings

Stations of the Cross Tuesday, April 12

Dave and Cheryl Ryan will be leading a special Stations of the Cross meditation at Christ the King beginning at 7:00 p.m.

Good Friday Canal Walk Friday, April 15

The walk will start at the railroad station (on the Buzzards Bay side of the canal) at 9:00 a.m. Donations accepted for the Catholic Near East Welfare Association in support of Caritas Ukraine



ECHO Worship



Sunday Shuffle!

Thank you to Fr. Tom Frechette and the parishioners for welcoming us!

Sunday, April 3 at 10:30 a.m.
St. John the Evangelist, Pocasset

Hosted by Kathie Norton Cannavo
& Donna McGonagle

— ECHO Service —

As ECHO seeks to engage in serving our local Cape Cod community, we welcome you to share any service opportunities like this one that are offered through your parish or another organization! Email echoofcapecod@gmail.com

YOUTH STREETREACH

This program, offered through the Cape Cod Council of Churches, gives teens and adults a chance to interact with our brothers and sisters who have or are still dealing with being homeless. Youth hear firsthand how each life's path may lead to unexpected circumstances and how a community of faith and love can change lives.

Upcoming Saturday Breakfasts will be on **March 26 & April 23**
Held at the lower church hall at the First Baptist Church (486 Main Street, Hyannis)

How can you get involved?

Donate Time Come to help set up the night before a breakfast from 6-8 p.m.

Donate Talent Make a breakfast casserole that can be served to the guests.

Donate Compassion Come to a breakfast between 6:30 and 10:00 a.m. to spend time with the guests, help serve them a warm meal, and help them pick out a warm outfit.

Donate Stuff Drop off some much-needed warm clothes, toiletries, and socks on Friday night or Saturday morning.

For more information and to sign up to help, contact Marilyn Lariviere at mlariv@comcast.net or call/text 508-776-6059.

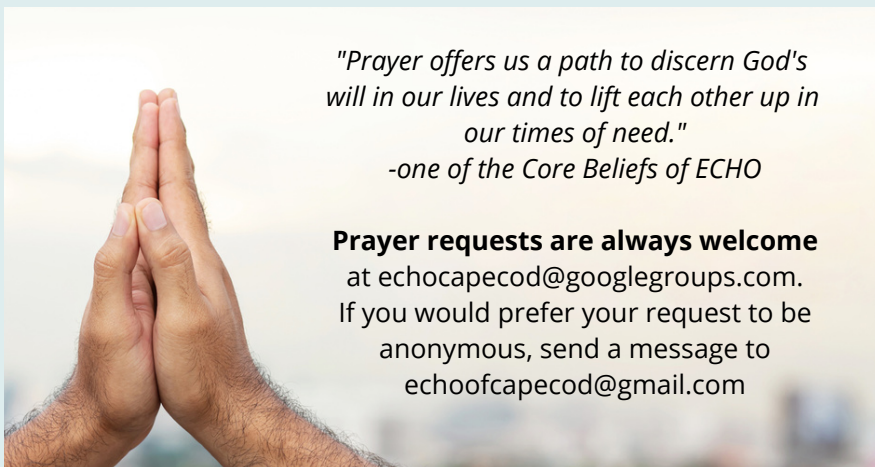
"Therefore encourage one another and build one another up, just as you are doing."
1 Thessalonians 5:11



Prayer Requests

Please pray for the following:

the people of Ukraine; the deceased, especially Msgr. John Smith, Fr. Jack Andrews, Fr. Bill Penderghest, Fr. John Perry, Steve Goveia, Sr., Mel Gonsalves, Ed Lariviere, Dan Marcotte, and Genevieve Haynes; the sick, especially Cathy Carpenter; the homebound; and those struggling with mental illness.



"Prayer offers us a path to discern God's will in our lives and to lift each other up in our times of need."

-one of the Core Beliefs of ECHO

Prayer requests are always welcome at echoofcapecod@googlegroups.com. If you would prefer your request to be anonymous, send a message to echoofcapecod@gmail.com

Please also pray for Seminarians Matt Laird and Bill O'Donnell (pictured at left at a Mass with Bishop da Cunha at St. John's Seminary) as they prepare for their ordination to the priesthood this spring!