

ECHO OF CAPE COD

"Joy is the ECHO of God's life within us"

Colomba Marmion

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A Note from the Board

Happy New Year! We hope you and your families enjoyed a blessed Christmas together. Our Zoom Advent Program was a wonderful way to gather as an ECHO community and share in the anticipation of the birth of our Savior!

The arrival of 2022 brings new and exciting ECHO programs! In this issue, you will find information about upcoming opportunities for ECHO fellowship, worship, and service. Remember that these programs are **open to anyone, regardless of prior retreat participation**. Much like an ECHO weekend, we are all called to consider who in our lives could use an invitation to experience Jesus. Your sibling? Your friend? Your neighbor? Your classmate? All are welcome in the ECHO community.

We are excited to announce that **ECHO Encounter** groups (formerly known as reunions) will be meeting in person at three locations across the Cape! The first one kicks off on Tuesday, January 11 at St. Elizabeth Seton Church in North Falmouth. Come and gather with friends old and new, sharing faith and fellowship. See page 2 for more info on Encounter. We look forward to seeing you, and welcoming new members into our Community of Love!

GET INVOLVED!

Scan this QR code to let us know what you want to get involved in!



— ECHO Fellowship —

Join us for **ECHO Encounter** groups (formerly known as reunions) all across the Cape! These groups are open to high school age and up. We welcome all adults too! No prior involvement in the ECHO program is necessary.

Upper Cape Encounter (led by Sarah LeBrun) will be at St. Elizabeth Seton in North Falmouth

Mid Cape Encounter (led by Colleen Ellis) will be at Our Lady of Victory in Centerville

Lower Cape Encounter (led by Janie Greene) will be at Our Lady of the Cape in Brewster

All groups will meet on Tuesday evenings from 7:00-8:30 p.m. Please come to as many groups as you'd like, no matter where you live!

Have ideas for programs, or interested in helping run one? Scan the QR code or email echoofcapecod@gmail.com

"For where two or three are gathered in my name, there I am among them." Matthew 18:20



Encounter Dates for 2022!

JANUARY

January 11 St. Elizabeth Seton
January 25 Our Lady of Victory

FEBRUARY

February 8 Our Lady of the Cape
February 15 St. Elizabeth Seton

MARCH

March 1 Our Lady of Victory
March 15 Our Lady of the Cape
March 29 St. Elizabeth Seton

APRIL

April 12 Our Lady of Victory
April 26 Our Lady of the Cape

MAY

May 10 St. Elizabeth Seton
May 24 Our Lady of Victory

JUNE

June 7 Our Lady of the Cape

Good Friday Canal Walk

Friday, April 15
Stay tuned for details!



ECHO's 50th Anniversary celebration

is being planned for the Spring of 2022 at Christ the King in Mashpee. If you would like to be involved in the planning of this exciting event, scan the QR code or email echoofcapecod@gmail.com



February's Sunday Shuffle will be at St. Anthony's Church in East Falmouth. Stay tuned for details!

Let's celebrate the Eucharist together while getting to know parishes all around the Cape! Once a month, ECHO will host a **Sunday Shuffle**, where we will gather at a different parish to attend Sunday Mass together, followed by breakfast at a local restaurant.

If you would like to host at your parish, please scan the QR code or email heatherwesp@comcast.net

— ECHO Worship —

Join us this weekend!

Sunday, January 9 at 8:30 am
Christ the King, Mashpee

Hosted by Patti Machado

"Therefore encourage one another and build one another up, just as you are doing."
1 Thessalonians 5:11

ECHO Service

As ECHO seeks to engage in serving our local Cape Cod community, we welcome you to share any service opportunities like this one that are offered through your parish or another organization!

YOUTH STREETREACH

This program, offered through the Cape Cod Council of Churches, gives teens and adults a chance to interact with our brothers and sisters who have or are still dealing with being homeless. Youth hear firsthand how each life's path may lead to unexpected circumstances and how a community of faith and love can change lives.

*the January 22 breakfast will not include Friday night, and will take place as a 10 am Saturday service outdoors, where toiletries and bag lunches will be distributed. Get in touch with Marilyn if you'd like to help!

Saturday Breakfasts planned for 2022

January 22* - February 26 - March 25 - April 22

All breakfasts are at the lower church hall at the First Baptist Church (486 Main Street, Hyannis)



How can you get involved?

Donate Time Come to help set up the night before a breakfast from 6-8 p.m.

Donate Talent Make a breakfast casserole that can be served to the guests.

Donate Compassion Come to a breakfast between 6:30 and 10:00 a.m. to spend time with the guests, help serve them a warm meal, and help them pick out a warm outfit.

Donate Stuff Drop off some much-needed warm clothes, toiletries, and socks on Friday night or Saturday morning.

For more information and to sign up to help, contact Marilyn Lariviere at mlariv@comcast.net or call/text 508-776-6059. You can also scan the QR code on page 1!

THANK YOU



A huge thank you to **Lacie Michaelson Fischley**, **Brittany Jenney**, and **Katy Fuller** for leading us through Advent on Zoom! They blessed us with so many wonderful lessons about HOPE, PEACE, LOVE & JOY! On the first Monday, participants brainstormed about simple ways to celebrate the season. The answers went into an ECHO Advent Calendar, a copy of which is attached to this newsletter. Take a look!

As we kick off our new Encounter groups, we would like to offer heartfelt thanks to **Dave and Cheryl Ryan** for their 25 years leading ECHO reunion groups at Christ the King!

Prayer Requests

Please pray for the following:

the deceased, especially Msgr. John Smith, Fr. Jack Andrews, Fr. Bill Penderghest, Fr. John Perry, Steve Goveia, Sr., Mel Gonsalves, and Ed Lariviere; Rebecca Gonzalez, Robert Rogers, Barbara Almquist, and Maureen Jason. Please also pray for Warren Morse, the sick, the homebound, and those struggling with mental illness. Prayer requests are always welcome at echocapecod@googlegroups.com

ECHO OF CAPE COD

MISSION, VISION, AND CORE BELIEFS



MISSION

ECHO of Cape Cod is a youth-driven faith community inviting all to discover and nurture a personal relationship with our loving Jesus Christ.

We do this by:

- *Offering transformative retreat experiences that illuminate how the Paschal Mystery is present in our lives every day*
- *Answering the call to compassionately serve our Cape Cod neighbors in need*
- *Providing opportunities to journey together in our spiritual growth and foster friendships connected by faith*

VISION

ECHO will be a home for all who want to meet Jesus through a community of love.

CORE BELIEFS

Youth and teens should be honored for their unique gifts.

By working through us in times of strength and weakness, Christ invites us to share in His Paschal Mystery (Christ has died, Christ is risen, Christ will come again).

Prayer offers us a path to discern God's will in our lives and to lift each other up in our times of need.

Christ is counting on us to share the profound message of the Gospel.

When both adults and youth are fed spiritually, our program thrives.

All are welcome in the ECHO community.



Stay up to date daily with ECHO!
mailing list: echocapecod@googlegroups.com



Text @echoup to 81010
to receive text message updates
on upcoming ECHO events

DECEMBER 5, DAY 30

Donate to a charitable cause like the Salvation Army and/or talk to the people out working to help collect money.

ECHO OF CAPE COD ADVENT CALENDAR 2021

December 6, Day 19

Light A CANDLE

Say a prayer FOR SOMEONE

ECHO of Cape Cod Advent Calendar 2021

DECEMBER 7, DAY 18

FIND A WAY TO DO AN UNPROVOKED GOOD DEED FOR SOMEONE ELSE

ECHO OF CAPE COD ADVENT CALENDAR 2021

DECEMBER 8, DAY 17

Show gratitude for something you don't normally say thank you for

ECHO OF CAPE COD ADVENT CALENDAR 2021

December 9, Day 16

APPRECIATE THE DAYLIGHT THAT DOES EXIST IN THE MONTH OF DECEMBER, AND GET OUTSIDE

ECHO OF CAPE COD Advent Calendar 2021

DECEMBER 10, DAY 15

VISIT A NEIGHBOR AND SPREAD SOME HOLIDAY CHEER

ECHO OF CAPE COD ADVENT CALENDAR 2021

DECEMBER 11, DAY 14

Listen to positive uplifting music

ECHO OF CAPE COD ADVENT CALENDAR 2021

DECEMBER 12, DAY 14

Abstain from something negative

ECHO OF CAPE COD Advent Calendar 2021

DECEMBER 13, DAY 12

MAKE A LIST OF FIVE THINGS YOU'RE GRATEFUL FOR AND FIVE WAYS YOU CAN PASS THEM ONTO OTHERS

MERRY Christmas

ECHO OF CAPE COD ADVENT CALENDAR 2021

December 14, Day 11

Talk to someone you don't normally talk to

ECHO OF CAPE COD Advent Calendar 2021

December 15, Day 10

GIVE SOMEONE THE GIFT OF FORGIVENESS

ECHO OF CAPE COD ADVENT CALENDAR 2021

December 16, Day 9

Invite Jesus into a part of your life he isn't in right now

ECHO OF CAPE COD Advent Calendar 2021

DECEMBER 17, DAY 8

Be Christ to someone today

ECHO OF CAPE COD ADVENT CALENDAR 2021

DECEMBER 18, DAY 7

Make or bake a gift for someone.

ECHO OF CAPE COD ADVENT CALENDAR 2021

December 19, Day 6

When you notice something you're appreciative of, thank God for it

ECHO OF CAPE COD Advent Calendar 2021

DECEMBER 20, DAY 5

ENJOY A MEAL WITH NO DISTRACTION

ECHO OF CAPE COD ADVENT CALENDAR 2021

DECEMBER 21, DAY 4

Take a time to read the Christmas story in the Bible, and integrate it into your heart.

ECHO OF CAPE COD Advent Calendar 2021

December 22, Day 3

Appreciate Family & Friends that feel like Family

ECHO OF CAPE COD ADVENT CALENDAR 2021

December 23, Day 2

Take the time to notice the beautiful elements of God's creation

ECHO OF CAPE COD Advent Calendar 2021

DECEMBER 24, DAY 1

Tell someone why you love them.

ECHO OF CAPE COD ADVENT CALENDAR 2021