



ECHO *of Cape Cod*

"Joy is the ECHO of God's life within us" Colomba Marmion

IN THIS ISSUE

- A Note from the Board..... 1
- ECHO Retreat, Worship,
Fellowship, and Service
Opportunities.....2 & 3
- Prayer Requests4

A Note from the Board

We hope you had a refreshing and relaxing summer! As we get into the month of September, we are excited for all that is planned this year for the ECHO community. Please join us as we begin with our **ECHO Opening Mass** on Wednesday, September 21st at 7:00 pm in the chapel at Christ the King. Fr. Matt Laird will be our celebrant!

After a very successful pilot in July, our new ECHO 1-day **Retreat** is going live! Read on page 2 about the details of this new offering, which will be a supplement to our 3-day retreats, also returning this year. We look forward to continuing our **Encounter** groups at three locations across the Cape and already have our first **Sunday Shuffle** planned for October. We will continue to share local **Service** opportunities, with the first Youth StreetReach Breakfast happening on Saturday, October 1.

Please see our brand new website, www.echoofcapecod.org for information about all our programs. Remember, they are open to anyone, regardless of prior retreat participation! Who in your life could use an invitation to meet Jesus through our Community of Love?



Participants in the July 1-day retreat pilot

Stay connected!



@echoofcapecod



ECHO of
Cape Cod

Visit our website at:
www.echoofcapecod.org



Email us!
echoofcapecod@gmail.com

Email our Google group
(prayer requests welcome!)
echoofcapecod@googlegroups.com



ECHO Retreats

1-Day Retreat

Gifts of the Spirit



The retreat theme "Gifts of the Spirit" explores the many ways we can recognize and nurture the unique gifts God has given each of us in our lives.

These retreats are co-ed and are open to anyone in high school and early college

1-Day Retreat Dates

Saturday, October 22
Saturday, November 19
Saturday, January 21
Saturday, February 11

Held at Christ the King Parish Hall

Registration on website opens September 25th!

3-Day Retreat

Paschal Mystery



These retreats are single gender and are open to sophomores, juniors, seniors, and early college



3-day weekend retreats are coming back in **March & April of 2023!** Stay tuned for dates and start thinking about who you would like to invite to experience an ECHO weekend!

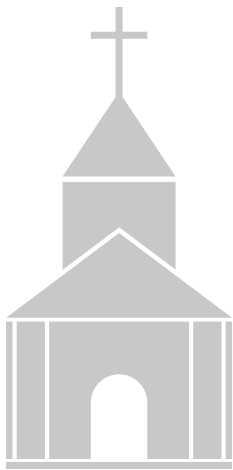
Held at Craigville Conference Center

ECHO Worship

Opening Mass!

Please join us as we kick off the 2022-2023 year!

Wednesday, September 21
7:00 pm
Christ the King chapel



Sunday Shuffles are an opportunity to take part in monthly Mass together and to share with parish communities what ECHO is all about!

To sign up to be a host at your parish, email echoofcapecod@gmail.com

Sunday Shuffle!

Sunday, October 16
10:00 Mass
Our Lady of the Cape, Brewster

Hosted by Heath Eldredge & Heather Wesp

Please join us for Mass followed by fellowship in the parish hall!



ECHO Fellowship



"For where two or three are gathered in my name, there I am among them." Matthew 18:20

ECHO Encounter

ECHO Encounter groups are open to those who are high school age and up - adults too! No prior involvement in the ECHO program is necessary.

Please join us in welcoming this year's Encounter leaders!

Upper Cape: Sarah LeBrun

St. Elizabeth Seton, North Falmouth

Mid Cape: Maryellen & John Loucks

Our Lady of Victory, Centerville

Lower Cape: Heath Eldredge, Heather Wesp & team

Our Lady of the Cape, Brewster



SEPTEMBER

September 28 - Our Lady of Victory

OCTOBER

October 11 - Our Lady of the Cape

October 25 - St. Elizabeth Seton

NOVEMBER

November 9 - Our Lady of Victory



All groups meet from 7:00-8:30 p.m. Please come to as many groups as you'd like, no matter where you live!

ECHO Service

*"Therefore encourage one another and build one another up, just as you are doing."
1 Thessalonians 5:11*

As ECHO seeks to engage in serving our local Cape Cod community, we welcome you to share any service opportunities that are offered through your parish or another organization! Email echoofcapecod@gmail.com

The Youth StreetReach program, offered through the Cape Cod Council of Churches, gives teens and adults a chance to interact with our brothers and sisters who have or are still dealing with being homeless. Youth hear firsthand how each life's path may lead to unexpected circumstances and how a community of faith and love can change lives.

Saturday Breakfasts planned for 2022-2023

October 1 - November 12 - January 21 - February 25 - March 25 - April 29

All breakfasts are at the lower church hall
at the First Baptist Church (486 Main Street, Hyannis)

How can you get involved?

Donate Time Come to help set up the night before a breakfast from 6-8 p.m.

Donate Talent Make a breakfast casserole that can be served to the guests.

Donate Compassion Come to a breakfast between 6:30 and 10:00 a.m. to spend time with the guests, help serve them a warm meal, and help them pick out a warm outfit.

Donate Stuff Drop off some much-needed warm clothes, toiletries, and socks on Friday night or Saturday morning.



Youth StreetReach

For more information and to sign up to help, contact Marilyn Lariviere at mlariv@comcast.net or call/text 508-776-6059.

From the Diocese

CELEBRATE THE CATHOLIC CHURCH'S ANNUAL WORLD YOUTH DAY LOCALLY!

Featuring:

Keynotes by Chika Anyanwu

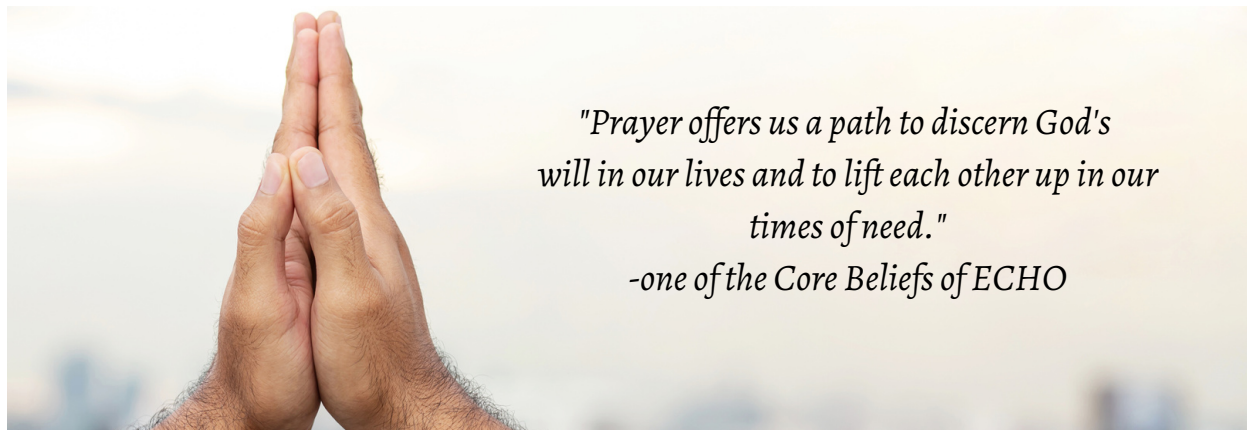
Concert by Two Ten

Vigil Mass celebrated by Bishop da Cunha

Games, food, and fellowship all for free!

Open for Grades 6-12. Register today! Email orivera@dioc-fr.org

CATHOLIC YOUTH "Remember Me" DAY
OCTOBER 1ST 2022
10:00am - 6:00pm
with Bishop EDGAR M. DA CUNHA, SDV
Special Guest *Chika Anyanwu*
Concert by *Oscar Two Ten*
CATHEDRAL CAMP
167 MIDDLEBORO RD,
EAST FREETOWN, MA 02717
10:00AM - 6:00PM



"Prayer offers us a path to discern God's will in our lives and to lift each other up in our times of need."

-one of the Core Beliefs of ECHO

Prayer requests are always welcome at echocapecod@googlegroups.com. If you would prefer your request to be anonymous, send a message to echoofcapecod@gmail.com

Prayer Requests

Please pray for the following:

Kianna Barrows, Butch Lacey, the sick, the homebound, and those struggling with mental illness. For our ECHO spiritual directors, our college students away at school, and for a vibrant future for the ECHO program