

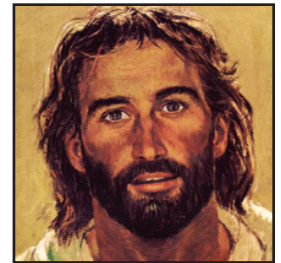


# ECHO of Cape Cod

## *Christ is Counting on You*

March 2015  
Volume MMXXXVIII, Issue 3

Mission: ECHO (Encountering Christ in Others) of Cape Cod is a Catholic, community-based experience initiated by a weekend retreat, focused on the living presence of Jesus Christ encountered in others and self. The ECHO program is directed toward the awakening and the development of a response to the three basic areas of Identity (Who am I?), Integrity (Where am I?), and Vocation (Where am I going?) as they are emerging in the lives of young people.



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### ECHO Weekend Dates 2014-2015

Echo 295 – Nov. 7-9 - Susie Brown  
Echo 296 – Dec. 12-14 - Joe Tierney  
Echo 297 – Jan. 16-18 - Judy Lyons

Echo 298 – Feb. 6-8 - Tom McManamon  
Echo 299 – Mar. 13-15 - Kathy Harmon  
Echo 300 – Apr. 10-12 - Heath Eldredge

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### SAVE THE DATE

Saturday, March 7th - ECHO 45th Anniversary Mass & Dinner, 5:30pm, Christ The King Church  
Friday, March 13th - Palanca Room Mass for ECHO 299, 6:30pm, Palanca Room  
Friday, March 13th - Youth Board preparation for ECHO 299, 6:30-9pm, Palanca Room  
March 13th - 15th - ECHO 299  
Sunday, March 15th - ECHO 299 Closing, 7pm, Our Lady of Victory Church  
Friday, April 3rd - Good Friday Canal Walk, 9am, Railroad Bridge on the Cape Cod Canal, Buzzards Bay

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### NEWS AND NOTES

Upper Cape reunions take place on Tuesdays at 7pm at Christ the King. Mid Cape reunions take place on Thursdays at 7:30pm on the second floor of the Parish Hall at Our Lady of Victory. All are welcome and encouraged to come. Both reunions offer the opportunity to run programs on a variety of subjects.



Applications for the year are available online at [www.echoofcapecod.org](http://www.echoofcapecod.org)  
The fee for an ECHO weekend this year remains at \$140.

Please support the ECHO weekends by serving meals, participating in music ministry, serving as a driver for candidates, and helping with luggage. Sign ups for these activities are available at parent night reunions and in the Palanca Room on each weekend.

## ECHO 299

March 13, 14, and 15, 2015 ~ Theme Song: Unpack Your Heart by Philip Phillips

Rectora: Kathy Harmon; Inside Assistant: Erin Harmon; Outside Assistant: Amy Johnson; Spiritual Directors: Fr. Jeff Cabral, Deacon John Foley; Ideals: Alicia Pierozzi, Paschal Mystery: Deacon John Foley, Witness to Paschal Mystery: Emily St. Onge, Penance: Fr. Jeff Cabral, Witness to Penance: Cate Harrington, Community of Love: Brittany Jenney, Piety: Lauren Lee, Choosing the Christian Life: Jocelyn Trindade, Signs & Communications: Fr. Jeff Cabral, Marriage: John & Barbara-Anne Foley, Christ the Man: Heidi Burchell, Prayer: Erin Harmon, People of God: Tessa Carey, Confidence in Christ: Sarah Craig, Christian in Action: Kendall Hoover, Fourth Day: Kathy Harmon.

ECHO 299 will begin for the community with mass in the Palanca Room at 6:30pm on Friday, March 13th. Fr. Chris Peschel will be the celebrant. The Palanca Room is located at 524 Main Street, Centerville. The Palanca Room will remain open until 9pm, and re-open at noon on Saturday. Come visit our Palanca Room Coordinators Mary Burke, AJ Kantzelis, and Mike Pena. Please have all palanca delivered before 7pm, so it can get sorted into palanca bags. All are invited to the Closing at Our Lady of Victory at 7pm on Sunday, March 15th.

### UNPACK YOUR HEART - PHILIP PHILLIPS

Meet me where the sunlight ends  
Meet me where the truth never bends  
Bring all that you're scared to defend

(Refrain)

Oh, I'm on your side  
So shed your shadow  
And watch it rise

And lay it down when you walk through my door  
Throw all of it out on the floor  
Your sorrow, your beauty, your war  
I want it all, I want it all

Oh, I'm on your side  
So shed your shadow  
And watch it rise  
Into your darkness  
I'll shine a light

*Bring your secrets, bring your scars  
Bring your glory, all you are  
Bring your daylight, bring your dark  
Share your silence  
And unpack your heart*

(Refrain)

Show me something the rest never see  
Give me all that you hope to receive  
Your deepest regret dies with me

Bring your honor, bring your shame  
All your madness, I will tame  
Won't you lay down, down your guard  
Share your silence  
And unpack your heart

The days when you stumble and fall  
The days when you grind to a crawl  
The treasure that hides behind your walls  
I want it all, yeah I want it all



## ECHO 300

April 10, 11, and 12, 2015 ~ Theme Song: Still I Fly by Spencer Lee

Rector: Heath Eldredge, Inside Assistant: John Cabral, Outside Assistant: Jeremy Cadrin, Spiritual Directors: Fr. Ed Healey, Fr. Chris Peschel. Adult Team: Bart Wesp, Tony Pagliaro, Jack Driscoll, Chris Olsen, John & Fiona Rendon. Student Team: Alec Vaughn, Burke Egan-Walsh, Kevin Agostinelli, Matthew Perrino, CJ Juz-Roque, Chris Hughes.



## **ECHO 45th ANNIVERSARY CELEBRATION**

It seems like just yesterday we were dancing around at Thursday reunion to the YMCA (in this case the ECHO) inviting Bishop da Cunha to come celebrate 45 years of ECHO on Cape Cod, but in just a few days, we will welcome him to Christ the King for ECHO's 45th anniversary mass and dinner. It all starts at 5:30pm on Saturday, March 7th. If you don't have tickets (you need tickets for the dinner portion), send an e-mail to [echoofcapecod@gmail.com](mailto:echoofcapecod@gmail.com) or see Susie Brown, Matt Clark, or Katy Fuller. Tickets are by donation only. If you're able to donate to ECHO, we greatly appreciate it. Over 170 people have already purchased tickets. We know it will be a great night!

If you're coming and want to help, we're still in need of desserts. Please contact Maryellen Loucks at [jsloucks@comcast.net](mailto:jsloucks@comcast.net).

If you want to participate in music ministry, we'll be practicing at 4pm on Saturday in the chapel at Christ the King. (Mass will be going on in the main church).

At a recent reunion, members of the ECHO community wrote thank you notes to Bishop da Cunha that will be packaged and given to him to take home at the end of the night on Saturday. If you'd like to add a note, please bring it to reunion this week or to the check-in table on Saturday night.

Finally, a special note of thanks to everyone who has made this celebration possible. It is truly humbling to see the community come together to honor a program that has mattered so much to so many for so long. Thank you to everyone for sharing their prayers, time, and talents!

## 39TH ANNUAL GOOD FRIDAY CANAL WALK

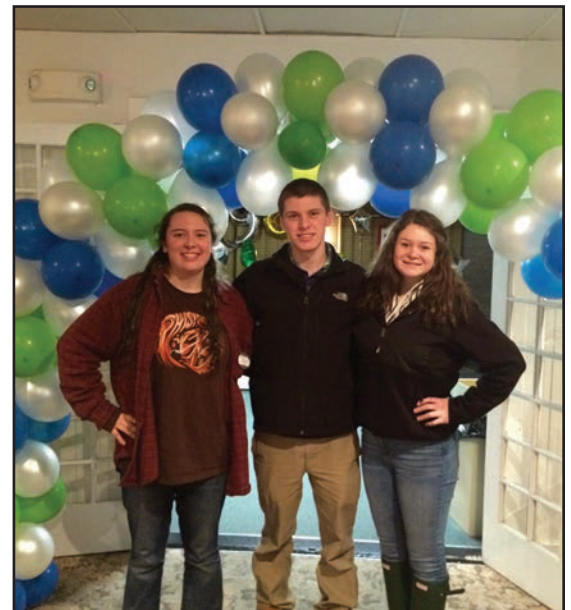


ECHO will once again be participating in the Good Friday Canal Walk on Friday, April 3rd. The walk begins at 9am at the Railroad Bridge on the Buzzards Bay side of the Cape Cod Canal. Participants walk to the Herring Run in Sagamore Beach and back stopping along the way to say the stations of the cross. In addition to it being a great way to spend your Good Friday, the walk is also a fundraiser for the KareDrew Haitian Children's Foundation, which Pat and Vivian Tortora (both old ECHO friends) are actively involved in. Anyone is welcome to attend (including friends and family who

are not involved in ECHO). Dress warm! If you're able to make a donation, it is greatly appreciated. All are invited back to Mary Fuller's for grilled cheese sandwiches following the walk.



### IN CASE YOU MISSED IT



Left: The Palanca Army in the Lodge on Saturday night of ECHO 298. A little ice didn't stop anyone.

Right: Palanca Room Coordinators Shannon Evaul, Dan Burke, and Kendall Hoover after delivery. Great job!



### PRAYERS

Many years ago the custom began of designating each Tuesday as ECHO Prayer Day to serve as a special reminder to the community to pray for each other and the ECHO program. We ask prayers for: Deacon Greg Beckel, Keith Blaquiere's relative, Jeremy Cadrin, Ed Culhane, Pete Donahue, Pat Frost, Chris Golden, the Manning Family, Rhea St. Onge. For Kathy Harmon, and Heath Eldredge as they prepare for ECHO 299 and 300. For the deceased: Heather Adamson, Justin Aristide, Altina Barrows, Steven Berrio, John Bryant, Jeremy Cadrin's stepmother, Fr. Bill Campbell, Jeff Capute, Rick Cardoza, Bridget Carey, Frank Coughlan, John Crowley, Martha DeBoer, Peter Duffy, Fr. Ben Folger, Fr. Dick Gendreau, John Hanlon's Dad, David Lariviere, Tom MacPhee, Tom McManamon Sr., Meghan Sullivan McCormack, William O'Donnell, Denise Parent, Sister Dymphna Smith, David Souza, Phil Studley, and Alexandra Walsh.